

Melbourne Sports and Aquatic Centre



HYDROTHERAPY Level 3 Pool Timetable School Holidays

Effective Monday December 23rd 2011 – Sunday January 29th 2012

Monday	Open 6:00am Hydrotherapy 6:00am to 1:30pm		ISCHS 1:30pm to 2:30pm	Open 2.30pm Hydrotherapy 2.30pm to 9:00pm	
Tuesday	Open 6:00am Hydrotherapy 6:00am to 12:00am		ISCHS 12pm to 1pm	Open 1:00pm Hydrotherapy 1:00pm to 9:00pm	
Wednesday	Open 6:00am Hydrotherapy 6:00am to 11:00am	Claremont 11:00am-12:00pm	BOUNCE 12.00pm-1:00pm	ISCHS 1:00pm to 3:30pm	
Thursday	Open 6:00am Hydrotherapy 6:00am to 12:00pm		ISCHS 12pm to 1pm	Alfred Hospital 1pm-2pm	Open 2:00pm Hydrotherapy 2:00pm to 9:00pm
Friday	Open 6:00am Hydrotherapy 6am to 1.00pm			SWEAT 1.15pm-2:15pm	Open 2.15pm Hydrotherapy 2.15pm to 9.00pm
Saturday	Hydrotherapy 7:00am- 8:00pm				
Sunday	Hydrotherapy 7:00am- 8:00pm				

Wellness Zone closed December 24th 2011 – January 1st 2012